# ClaryCalm™

## Monthly Blend for Women 10 mL

# dōTERRA

PRODUCT INFORMATION PAGE





#### Application:



#### **Ingredients:**

Clary Sage Flower, Lavender Flower, Bergamot Peel, Roman Chamomile Flower, Cedarwood Wood, Ylang Ylang Flower, Geranium Plant, Fennel Seed, Carrot Seed, Palmarosa Herb, and Vitex Plant essential oils.

#### **Aromatic Description:**

Floral, herbal, coniferous

### **PRIMARY BENEFITS**

- Helps balance hormones
- Provides temporary respite from cramps, nausea, hot flashes, and emotional swings

#### PRODUCT DESCRIPTION

ClaryCalm is a proprietary blend of essential oils that have been traditionally used to balance hormones and manage symptoms of PMS and the transitional phases of menopause. A topical blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa, and Vitex, ClaryCalm provides temporary respite from cramps, nausea, hot flashes, and the emotional swings sometimes associated with regular hormone cycles in women.

#### **USES**

- For menstrual discomfort, rub three to five drops on the abdomen.
- Apply to feet or pulse points to help balance hormones.
- Keep ClaryCalm in your purse or while traveling to manage symptoms associated with hormonal discomfort or PMS.

#### **DIRECTIONS FOR USE**

**Topical use:** Apply topically to the back of the neck, on temples, and bottoms of feet. Dilute with doTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

#### **CAUTIONS**

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

### **ClaryCalm**<sup>™</sup>

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Part Number: 35270001 Wholesale: \$24.50 Retail: \$32.67

PV: 24.50

