

Serenity™

Calming Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade®

Application:



Ingredients:

Lavender Flower, Sweet Marjoram Leaf, Roman Chamomile Flower, Ylang Ylang Flower, Hawaiian Sandalwood essential oils and Vanilla Bean Absolute.

Aromatic Description:

Sweet, warm, powdery

PRODUCT DESCRIPTION

Serenity essential oil blend calms the mind, relaxes the body, and soothes the soul, providing a safe haven from life's daily stressors. The essential oils in this must-have blend were meticulously chosen to lessen tension, calm emotions, and leave a peaceful feeling. Serenity is the perfect blend to diffuse at bedtime for a restful night's sleep, to calm a restless baby or child, or to help reduce the anxiety and stress so many of us feel. Serenity combines the soothing scents of Lavender, Marjoram, Roman Chamomile, and Ylang Ylang with the warming aromas of Hawaiian Sandalwood and Vanilla Bean to create a prized essential oil blend that every home, family, and individual needs.

USES

- Apply to bottoms of feet at bedtime to promote restful sleep.
- Add 2–3 drops into a warm bath to create a peaceful, renewing aroma.
- Diffuse to help promote relaxation and decrease stress.
- Apply to an aromatherapy necklace to help reduce anxiety.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Creates a perfect escape with its calming, renewing fragrance
- Promotes relaxation and restful sleep
- Diffuses into a subtle aroma, ideal for aromatic benefits
- Lessens tension and calms emotions

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Part Number: 31090001

Wholesale: \$30.00

Retail: \$40.00

PV: 30.00

