

# Slim & Sassy®

Metabolic Blend 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**CP** TG Certified Pure Therapeutic Grade®

### Application:



### Ingredients:

Grapefruit Peel, Lemon Peel, Peppermint Plant, Ginger Root, and Cinnamon Bark essential oils.

### Aromatic Description:

Warm, spicy, herbal

## PRIMARY BENEFITS

- Promotes healthy metabolism
- Helps manage hunger cravings
- Calms your stomach and lifts your mood
- Diuretic stimulant and calorie free

### Slim & Sassy®

Metabolic Blend 15 mL

Part Number: 31370001

Wholesale: \$24.50

Retail: \$32.67

PV: 24.50

\*Also available as a softgel



## PRODUCT DESCRIPTION

Slim & Sassy, our proprietary metabolic blend, combines powerful essential oils known for their detoxifying qualities to promote weight loss in a natural and healthy way. The flavorful blend of Slim & Sassy helps manage hunger throughout the day while boosting metabolism and promoting a positive mood. Slim & Sassy contains Grapefruit and Lemon, both of which have a high limonene content to help purify and cleanse the body while Peppermint, Ginger, and Cinnamon provide a stimulating and positive effect on the endocrine system to assist with weight loss. When taken with a healthy eating and exercise plan, Slim & Sassy Metabolic Blend can help you reach your weight loss goal and maintain a healthy weight for life.

## USES

- Add to water or tea and drink before working out for a revitalizing energy boost.
- Consume before meals to help control appetite and overeating.
- Apply to the back of thighs, abdomen, and other problem areas to reduce the appearance of cellulite.
- Add a few drops to Slim & Sassy TrimShake or V Shake.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.