

# dōTERRA ADAPTIV™ TOUCH

*Tranquil Blend 10mL Roll-On*

*Sweet, citrusy, floral*

*Aromatic description*

## PRIMARY BENEFITS

- Try to help create a tranquil change
- Soothing and uplifting aroma

## PRODUCT DESCRIPTION

A synergistic complementary blend to the dōTERRA Adaptiv™ Tranquil Blend essential oil, try dōTERRA Adaptiv™ Touch when life's activities seem relentless, and you are searching for a new perspective.

Combining the calming aromas of Lavender, Magnolia, Neroli and Sweetgum with the uplifting aromas of Wild Orange and Spearmint essential oils in a Fractionated Coconut Oil base, when you are having difficulties staying on task try dōTERRA Adaptiv™ Touch Tranquil Blend as a reminder to create a change for balance.

## USES

- Apply to pulse points as a reminder to create a change for balance.
- Use to massage shoulders and neck.

- Apply one drop to hands, rub together, and inhale deeply as needed throughout the day.
- Roll on wrists and temples whenever you feel the need.

## DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area as needed. No dilution required.

AROMATIC USE: Roll on to diffusing jewellery, natural dolomite or lava diffusing rocks.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

## INGREDIENTS

Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli and Sweetgum essential oils in a Fractionated Coconut Oil base



Certified Pure Tested Grade

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