

Hyssop

Hyssopus officinalis 2.5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Plant Part: Flower/Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Soft, floral, camphoraceous

Main Chemical Components: 1,8-Cineole, Linalool

PRIMARY BENEFITS

- Refreshing aroma
- Creates a calming environment

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Wholesale: \$22.00

PV: 22

*Available only in the Ancient Oils Collection, a Holiday 2020 LTO

PRODUCT DESCRIPTION

A member of mint family, Hyssop was regarded by both the Greeks and the Hebrews as a sacred herb, and is mentioned several times in the Old Testament. In fact, it is known as one of oldest herbs used by human beings. Hyssop is a small shrub with dark green leaves and purple flowers. The Latin word *hyssopus* is likely related to the Hebrew *azob* meaning “holy herb.” The plant is commonly used by beekeepers to produce a rich and aromatic honey. dōTERRA CTPG® Hyssop essential oil can be used in a diffuser to complement a meditation ritual. Inhale deeply and experience the refreshing aroma. Massage into skin for soothing comfort after strenuous activity.

USES

- Add a few drops to a spray bottle with water and spray on surfaces or hands for a quick DIY cleaner.
- Apply to wrists and ankles while hiking for an herbal aromatic experience.
- Diffuse to freshen the air.
- Mix four drops of *Arborvitae*, two drops of *Lemon*, and two drops of *Hyssop* in an 8 ounce bottle for an aromatic wood polish.
- Use during meditation for an aroma of peace and calm.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

