# ISLAND MINT<sup>™</sup>

SUMMERTIME BLEND 15 ML

## PRIMARY BENEFITS

- UPLIFTING AND INVIGORATING AROMA.
- HELP PROMOTE FEELINGS OF CALM.

#### PRODUCT DESCRIPTION

Escape to a tropical oasis in the comfort of your home, or wherever you may be, with Island Mint<sup>™</sup>. A delightfully fresh aroma, try this summertime aromatic blend to set a positive and festive environment. With the classically sweet citrus combination of Lemon and Lime essential oils, complemented by fresh Peppermint and the unique depth of Spruce, Island Mint<sup>™</sup> is perfectly balanced. Ideal when you are looking for renewal and centeredness. Formulated to be invigorating to the senses, yet promoting feelings of calm, use Island Mint<sup>™</sup> for an aromatic boost during your day. Channel you inner sunny paradise by diffusing Island Mint<sup>™</sup> Summertime Blend.

#### USES

- Diffuse throughout the day for an uplifting aroma boost.
- Add Island Mint<sup>™</sup> to your diffuser jewellery or your favourite dōTERRA diffuser to help create your own sunny paradise.
- Use on long road trips or a midday pick-me-up to help invigorate the senses.

#### DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical Use: Apply one to two drops to desired area. Dilute with a carrier oil to minimise skin sensitivity. See additional precautions below.

#### CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Avoid contact with eyes, inner ears, and sensitive areas. Possible skin sensitivity. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid sunlight or UV rays for up to 12 hours after applying product. Application to the skin may increase sensitivity to sunlight.

INGREDIENTS: Lime, Distilled Lemon, Peppermint and Spruce essential oils AROMATIC DESCRIPTION: Minty, fresh, citrus, woody

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