

Laurel Leaf

Laurus nobilis 5 mL

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: A T S

Extraction Method: Steam distillation

Ingredients: Laurus Nobilis Leaf Oil

Aromatic Description: Herbaceous, fruity, fresh, camphorous

Main Chemical Components: Eucalyptol (1,8-Cineole), α -Terpinyl acetate

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August 2019 Product of the Month.



PRODUCT DESCRIPTION

Extracted by steam distillation, Laurel Leaf essential oil comes from the freshly picked leaves of the Laurel evergreen tree native to the Mediterranean. With a rich history, laurel leaves have long been a symbol of victory in Greek mythology. Today, laurel leaves still symbolize eternal glory, special achievement, success, and triumph. Laurel Leaf essential oil is bright and spicy, making it an uplifting aroma that can promote confidence, courage, and a sense of clarity. This sweet scented essential oil is also soothing to the skin and can be used in a comforting massage. In addition to these wonderful benefits, Laurel Leaf essential oil is high in eucalyptol, making it a perfect naturally-sourced solution for a refreshing surface cleanser.

USES

Cosmetic:

- Apply to wrists or back of hands for a clarifying aroma.
- Use one to two drops on desired area for a comforting massage experience.
- Add one drop to moisturizer for a soothing effect that promotes youthful looking skin.

Household:

- Diffuse three to four drops for an uplifting, invigorating aroma.
- Add three to five drops to a spray bottle of water to clean tables, counter tops, and other surfaces.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: When used topically, dilute 1 drop with 5-10 drops of carrier oil as needed for skin sensitivity.

CAUTIONS

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.