

LIME

CITRUS AURANTIFOLIA 15 ML

SKU: 30870004
WHOLESALE: \$17.00
RETAIL: \$22.67
PV: 15.50

PRIMARY BENEFITS



- UPLIFTING AND PLEASING AROMA
- STIMULATING AND REFRESHING TO THE SENSES
- USED AS AN AROMATIC, TOPICAL AND FOR FOOD FLAVOURING
- PROMOTES FEELINGS OF EMOTIONAL BALANCE AND WELL-BEING

PRODUCT DESCRIPTION

Cold-pressed from the peel of fresh limes, dōTERRA Lime essential oil is refreshing and energising in both aroma and taste. Limes are frequently used in entrées and beverages for their fresh, citrus flavour. Due to its high limonene content, Lime provides a refreshing flavour and can be diffused to add a refreshing aroma to the air inside the home. It's also an effective and natural surface cleaner. Lime is known for its ability to uplift, balance and energise the emotions. Lime is frequently used in facial and body cleansers for its cleansing properties and uplifting scent.

USES

- Diffuse to refresh the air and lift your emotions.
- Put some Lime on a cotton pad and use to help remove grease spots and sticker residue.
- Add a drop of Lime to your drinking water for enhanced flavour.
- Add 1 drop to your facial cleanser or shampoo for added cleansing properties.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Food additive use: Add 1 or 2 drops to food.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children.

If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product. Application to the skin may increase sensitivity to sunlight.

PLANT PART: Lime Peel

EXTRACTION METHOD: Cold pressed/expressed

AROMATIC DESCRIPTION: Citrus, tart, sweet

MAIN CHEMICAL COMPONENTS: Limonene, β -pinene, γ -terpinene

