

# MICROPLEX VMz<sup>®</sup>

FOOD NUTRIENT COMPLEX

SKU: 60201023  
WHOLESALE: \$63.00  
RETAIL: \$84.00  
PV: 44.00



## PRODUCT DESCRIPTION

dōTERRA Microplex VMz<sup>®</sup> Food Nutrient Complex is a food nutrient formula of bioavailable vitamins and minerals that maybe deficient in our modern diets. The formula includes a balanced blend of essential vitamins, C and E, and an energy complex of B vitamins in a patented glycoprotein matrix.

Microplex VMz<sup>®</sup> also contains minerals including calcium, magnesium, and zinc, which play a role in the maintenance of healthy bone. Microplex VMz<sup>®</sup> contains the dōTERRA tummy tamer botanical blend of Peppermint, Ginger, and Caraway.

Microplex VMz<sup>®</sup> is a comprehensive array of nutrients presented in a food nutrient complex that are involved in the growth and function of cells. Microplex VMz<sup>®</sup> provides a balanced blend of essential antioxidant vitamins, C and E; an energy complex of B vitamins; and 200 IU of vitamin D. It also contains nutrients essential for carbohydrate, lipid and protein metabolism and the minerals Calcium, Magnesium and Zinc. Adequate dietary calcium is needed in our youth and throughout life to help maintain strong, healthy bones. Vitamin D helps calcium absorption and a diet deficient in calcium can lead to osteoporosis in later life.

dōTERRA Microplex VMz<sup>®</sup> represents the gold standard in vitamin and mineral supplementation. The formula is encapsulated in sodium lauryl-sulfate free vegetable capsules and does not contain wheat or milk products. It also contains the dōTERRA tummy tamer blend of Peppermint, Ginger and Caraway seed botanical extract.

Microplex VMz<sup>®</sup> is formulated to be used daily with dōTERRA Alpha CRS<sup>®</sup>+ xEO Mega<sup>®</sup> as a comprehensive dietary supplement foundation.

## PRIMARY BENEFITS

- Provides essential vitamins and minerals to support the health and maintenance of general wellbeing.
- With antioxidant vitamins, C and E, to assist in protecting cells from free radical damage.
- An energy complex of B vitamins; presented in a patented glycoprotein matrix.
- Contains Vitamin D and E to support healthy hearts.
- Includes a balanced blend of minerals including calcium, magnesium, zinc, selenium, copper, manganese, and chromium.
- Vitamin D and calcium support the development and maintenance of strong, healthy bones.
- Formulated with a digestive enzyme blend of protease, lipase, amylase, tilactase & cellulase.

**ALWAYS READ THE LABEL. USE ONLY AS DIRECTED. IF SYMPTOMS PERSIST SEE YOUR DOCTOR/HEALTHCARE PROFESSIONAL**

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## PRIMARY BENEFITS (CONTINUED)

- Includes the dōTERRA tummy tamer of Peppermint, Ginger, and Caraway.
- Specially formulated to be used daily with xEO Mega<sup>®</sup> and Alpha CRS<sup>®</sup>+ as a comprehensive dietary supplement foundation

## DIRECTIONS FOR USE

Adults, take 2 capsules twice daily with meals or as directed by your healthcare professional.

Vitamin supplements should not replace a balanced diet. This product contains selenium which is toxic in high doses. A daily dose of 150µg for adults of selenium from dietary supplements should not be exceeded. If symptoms persist consult your healthcare practitioner.

Warning: If you are pregnant or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist. When taken in excess of 3000µg retinol equivalents (RE) vitamin A can cause birth defects. The recommended daily amount of vitamin A from all sources is 700µg RE for women and 900µg RE for men.

Contains sucrose, glucose and sodium benzoate.

Store below 25°C.

Microplex VMz<sup>®</sup> is formulated to be used with xEO Mega<sup>®</sup> or Alpha CRS<sup>®</sup>+. All three products can be found in one convenient pack - Lifelong Vitality pack.

## INGREDIENTS

### Each capsule contains:

Retinol Acetate (Vit. A 75µg RE)	86µg	<i>Fucus vesiculosus</i> (Bladderwrack) Whole Plant Powder	12.5mg
Betacarotene	923µg	(Containing Iodine 6.25µg)	
Thiamine Hydrochloride (Vit. B1)	841µg	Magnesium (from Magnesium Amino Acid Chelate 186mg)	37mg
Riboflavin (Vit. B2)	750µg	Manganese (from Manganese Amino Acid Chelate 1.25mg)	125µg
Nicotinamide (Vit. B3)	5mg	Selenium (from Selenomethionine 43.5µg)	17.5µg
Calcium Pantothenate (Pantothenic Acid 2.5mg)	2.73mg	Zinc (from Zinc Amino Acid Chelate 18.8mg)	3.8mg
Pyridoxine Hydrochloride (Pyridoxine 750µg)	912µg	Palm Tocotrienols Complex	96.5µg
Calcium Folate (Folic Acid 100µg)	139µg	Protease	3.066Thousand HUT
Cyanocobalamin (Vit. B12)	2.5µg	Lipase	37LipU
Biotin	75µg	Amylase	111DU
Calcium Ascorbate Dihydrate (Ascorbic Acid 37.5mg)	45.4mg	Tilactase	69ALU
Magnesium Ascorbate Monohydrate (Ascorbic Acid 12.5mg)	13.9mg	Cellulase	55CU
Total Ascorbic Acid (Vit. C)	50mg	<i>Petroselinum crispum</i> (Parsley) Herb Powder	3.4mg
Colecalciferol (Vit. D 50IU)	1.25µg	<i>Spinacia oleracea</i> (Spinach) Leaf Powder	1.4mg
d-alpha Tocopheryl Acid Succinate (Vit. E 12.5IU)	10.3mg	<i>Brassica oleracea</i> var. <i>viridis</i> (Kale) Leaf Powder	5.6mg
Phytomenadione (Vit. K)	5µg	<i>Brassica oleracea</i> var. <i>gemmifera</i> (Brussel Sprout) Leaf Bud Powder	1.4mg
Calcium (from Calcified Lithothamnion Species 93.75mg)	30mg	<i>Brassica oleracea</i> var. <i>capitata</i> (Cabbage) Leaf Powder	1.4mg
Calcium (from Calcium Carbonate 226.26mg)	90.5mg	<b>Herbal Extracts Equiv. to Dry</b>	
Chromium (from Chromium Nicotinate 104µg)	12.5µg	<i>Zingiber officinale</i> (Ginger) Root	50mg
Copper (from Copper Gluconate 893µg)	125µg	<i>Mentha x piperita</i> (Peppermint) Leaf	10mg
Iron (from Iron Amino Acid Chelate 7.5mg)	1.5mg	<i>Taraxacum officinale</i> (Dandelion) Leaf	16.9mg
		<i>Carum carvi</i> (Caraway) Seed	10mg
		<i>Brassica oleracea</i> var. <i>italica</i> (Broccoli) Sprout	414mg



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